

Advent 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 29 Buy or make an Advent wreath. Bless it and light the first candle tonight and every night this week. Read Luke 21:25-28, 34-36.	30 Advent is about waiting for the Savior to come. Offer a simple prayer of praise anytime you have to wait during Advent.	December 1 The presence of Jesus reminds us to hope in God's mercy. Make a list of reasons for your hope today.	2 Pick one habit that is keeping you from holiness. Identify your "go-to sin" and resolve to conquer it during Advent.	3 Add 20 minutes of daily prayer during Advent. Set an alarm to remind you to pray for 10 minutes each morning and night this month.	4 In gratitude that God provides for your needs, set aside gently used clothing and give it to the poor. Add a piece you love as a special sacrifice.	5 Perform a thorough examination of conscience today. Then attend Confession to ready your soul to greet the Savior.
6 At sundown tonight, light two violet candles in the Advent wreath and read Luke 3:1-6.	7 St. Nicholas was a generous man and a courageous bishop. Today, make at least one generous act of love in his honor.	8 The feast of the Immaculate Conception celebrates Mary's freedom from Original Sin. Attend Mass and pray a Rosary.	9 Today, let nothing discourage you in honor of St. Juan Diego. He never gave up, placing his trust in Jesus and his Mother.	10 In your Christmas cards write a note about the blessings you received this year as a witness to God's love.	11 Buy Christmas gifts from stores or online merchants that carry "fair trade" items to support workers in developing countries.	12 To honor Our Lady of Guadalupe, place a rose in a vase in your home and pray a "Hail Mary" whenever you pass it.
13 Guadete Sunday-Joy! Celebrate the halfway point of Advent. Light two violet candles and the rose one for joy. Read Luke 3:10-18.	14 Spend time in silence today. Say "no" to unnecessary distractions. In silence and peace, you will be open to God's will.	15 Think of Biblical accounts of God's mercy to sinners. Ask forgiveness from someone you have hurt and forgive those who wronged you.	16 In honor of Las Posadas remembering the Holy Family's trek to Bethlehem, pray for all those who have been forced from home.	17 Send a card to someone who lost a loved one in the last year. Offer your thoughts and prayers for healing and comfort.	18 Pray for the men and women in the armed services who won't be able to spend Christmas with their families.	19 Pray the Angelus at 6:00 am, 12:00 pm, and 6:00pm every day until Christmas.
20 Light all four candles in the wreath tonight and all week. Read Luke 1:39-45.	21 This can be a sad time for those who are alone. Include anyone in your own gatherings who might be otherwise forgotten.	22 As a gift to the coming Savior, repair a relationship with a friend or family member that needs healing.	23 Make an effort to share God's love today. Say a kind word or listen with compassion to someone who is suffering.	24 Even if you live alone, put up and decorate a Christmas tree. Light it as a symbol of Christ, the Light of the World.	25  Rejoice! Read the story of Jesus' birth in Luke 2:1-20 and meditate on each miraculous detail. Think of how joyful it will be to meet Jesus when he comes again.	